



Growers Tips: Cannabis Seed Selection Mini eBook

Welcome to the Growers Tips mini eBook – your go-to guide for understanding cannabis seeds, choosing the right type, and unlocking the power of terpenes. Whether you're a beginner or intermediate grower, this cheat sheet will help you make smart seed choices and grow with confidence. We've packed this guide with practical advice, seed recommendations, terpene education, and a few pro grower tips to level up your cannabis journey.

Understanding Cannabis Seed Types

Feminized Seeds: Bred to produce only female plants, feminized seeds are the gold standard for flower production. They eliminate the guesswork and time wasted on males. Perfect for indoor or outdoor setups. These are ideal for growers who want maximum bud output without breeding complications.

Examples: *Girl Scout Cookies Fem, Super Skunk Fem, Gorilla Glue Fem*

Autoflowering Seeds: These strains flower based on time, not light schedule, making them excellent for beginners and quick turnarounds. Their small size and stealthy growth make them ideal for balconies, closets, or small tents.

Examples: *Zkittlez Auto, Northern Lights Auto, Blueberry Auto*

Regular Seeds: These give you a mix of male and female plants, making them essential for breeding or maintaining genetic diversity. A bit more work, but perfect for experienced growers looking to preserve or create new strains.

Examples: *OG Kush Reg, White Widow Reg, Durban Poison Reg*

Seed Picks By Grower Type

New Growers: Focus on easy-to-grow autos and feminized photoperiods. Start with strains that are mold-resistant, fast-flowering, and forgiving.

Recommended: AK-47 Auto, Critical Mass Fem

Indoor Growers: Look for short, bushy plants with predictable light cycle flowering. Training techniques like topping and low-stress training work great indoors.

Recommended: Zkittlez Auto, Blue Dream Fem

Outdoor Growers: Choose robust strains that thrive in your region's climate. Photoperiod strains can grow large and yield big outdoors with enough time and sunlight.

Recommended: Super Skunk Fem, Gorilla Glue Fem

Medical Growers: Aim for balanced THC/CBD strains or CBD-dominant varieties. Choose genetics bred for anxiety, pain relief, inflammation, and sleep support.

Recommended: Harlequin, CBD Kush

Breeders & Experimenters: Use regular seeds to find keeper phenotypes, create hybrids, or preserve landrace traits.

Recommended: OG Kush Reg, Afghan Reg

Choose Seeds by Desired Effects (Terpenes)

Terpenes are natural aromatic compounds that influence not only the flavor and scent of your cannabis, but also its effects. Here's how to choose based on how you want to feel:

For Sleep and Deep Relaxation: Look for Myrcene and Linalool. Ideal for evening use.

Examples: Granddaddy Purple, Purple Punch

For Creative, Uplifting Energy: Terpenes like Limonene and Pinene shine here. Great for daytime.

Examples: Jack Herer, Durban Poison

For Pain and Inflammation: Caryophyllene and Myrcene work as natural anti-inflammatories.

Examples: Gorilla Glue, Northern Lights

For Focus and Motivation: Terpinolene and Pinene deliver clear-headed energy.

Examples: Green Crack, Super Lemon Haze

For Anxiety Relief: Linalool and Beta-Caryophyllene help with calming and mood stability.

Examples: Harlequin, Bubba Kush

Where to Buy Trusted Seeds

All the strains mentioned in this guide are available at Homegrown Cannabis Co – a trusted source with a massive selection and excellent genetics. **Check them out here:** homegrowncannabis.com/?a_aid=nightseeds

Thanks for supporting Growers Tips! Share this guide with friends, and feel free to message us with your grow questions. Happy growing! ■ – The Growers Tips Team ■